



# 10,000 Shot Challenge Sheet

Shooter \_\_\_\_\_

Week	One				Two				Three				Four				Five				
Session	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	
Date																					
Distance from goal	14'																				
Wrist Shot	25																				
	25																				
Around the World	50																				
<b>Around the World Challenge</b>																					
Snap Shot	25																				
	25																				
Around the World	50																				
<b>Around the World Challenge</b>																					
Backhand Shot	10																				
	10																				
Around the World	30																				
<b>Around the World Challenge</b>																					
<b>Total</b>	250	250	250	250	250	250	250	250	250	250	250	250	250	250	250	250	250	250	250	250	
<b>Cumulative Total</b>	250	250	500	750	1000	1250	1500	1750	2000	2250	2500	2750	3000	3250	3500	3750	4000	4250	4500	4750	5000

Week	Six				Seven				Eight				Nine				Ten				
Session	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40	
Date																					
Distance from goal																					
Wrist Shot	25																				
	25																				
Around the World	50																				
<b>Around the World Challenge</b>																					
Snap Shot	25																				
	25																				
Around the World	50																				
<b>Around the World Challenge</b>																					
Backhand Shot	10																				
	10																				
Around the World	30																				
<b>Around the World Challenge</b>																					
<b>Total</b>	250	250	250	250	250	250	250	250	250	250	250	250	250	250	250	250	250	250	250	250	
<b>Cumulative Total</b>	250	5250	5500	5750	6000	6250	6500	6750	7000	7250	7500	7750	8000	8250	8500	8750	9000	9250	9500	9750	10000

**Around the World Challenge:**

Once a week take the "Around the World" challenge. From the practice shooting distance, take a wrist shot following the "Around the World" pattern of:

One shot at each of the following targets in number ordered.

- Second • Upper Left Corner
- First • Lower Left Corner
- Third • Upper Right Corner
- Fourth • Bottom Right Corner
- Last • Then drain puck in the Bottom Center Chute (bulls-eye).

For more information contact:

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(US Patent No 7,662,054 B2)



Record total number of shots made. Compare week to week progress

Repeat with the snap and backhand shots.